

Title
Text inside of the box. With equations: $v = u + at \quad (1a)$ $s = ut + \frac{1}{2}at^2 \quad (1b)$ $v^2 = u^2 + 2as \quad (1c)$
Dynamics
$F = ma \quad (2)$

Energy
$E = mc^2 \quad (3)$
Quantum Mechanics
$i\hbar \frac{\partial}{\partial t} \Psi = \hat{H} \Psi \quad (4)$